

#### **MARCH IN BRIEF**

For many of us, March marks the beginning of spring. Flowers start to pop up and leaves sprout on branches. The world is waking up after a long winter. Along with the start of spring, this month is National Women's History Month, and contains St. Patrick's Day and Day Light Savings Time. With a month full of bright days and interesting holidays, March is bound to be a wonderful time.

#### WOMEN'S HISTORY

#### TIME FOR US TO HEAR HER-STORY

The tradition of Americans setting aside a time to reflect on and celebrate women throughout history started in 1909. That was the year of the first National Women's History Day. It wasn't until 1987 that Congress declared March as National Women's History Month. There are too many influential women through time and the world to mention all those who have made changes, but we have highlighted a few exceptional women in our word search below.





# LUCKY LITTLE CLOVER



There is so much tradition and lore around St. Patrick's Day. One of the most well known symbols of this holiday is the four leaf clover. Known to bring luck to those who find one, it is a charm that people around the world look for and use all year round. Here are a few fun facts about this tiny green plant:

- There are approximately 10,000 three-leaf clovers for every "lucky" four-leaf clover. There are no clover plants that naturally produce four leaves, which is why four-leaf clovers are so rare.
- The leaves of four-leaf clovers are said to stand for faith, hope, love, and luck.
- It's often said that Ireland is home to more fourleaf clovers than any other place, giving meaning to the phrase "the luck of the Irish."
- If you're lucky enough to find a four-leaf clover, look for more! If a clover plant produces a four-leaf clover, it's more likely to produce another four-leaf lucky charm than plants that only produce three-leaf clovers.
- The fourth leaf can be smaller or a different shade of green than the other three leaves.
- Shamrocks and four-leaf clovers are not the same thing; the word 'shamrock' refers only to a clover with three leaves

#### DAYLIGHT SAVINGS!!!

SUN, MAR 12, 2023 2:00 AM We spring forward.

## IRISH SODA BREAD

- 2 ½ cups all-purpose flour
- 1 1/2 teaspoons baking soda
- 1 tablespoon baking powder
- 1/2 teaspoon salt
- 3 tablespoons white sugar
- ½ cup butter, cut into pieces
- 1 cup raisins
- 1/2 cup currants

- 2 teaspoons caraway seed (Optional)
- 3/4 cup milk
- 3 tablespoons apple cider vinegar

1. Preheat oven to 400°F. Grease 2 baking sheets.

- 2. Stir together the flour, baking soda, baking powder, salt, and sugar in a large bowl until evenly blended. Add in the butter using your hands until the mixture resembles coarse cornmeal. Stir in the raisins, currants, and caraway seeds, then make a well in the center and pour in the milk and vinegar. Stir with a spoon until the dry ingredients are moistened.
- 3. Put the dough out onto a well floured work surface, and knead gently 8 to 10 times. Divide the dough into two balls, and place onto the prepared baking sheets.
- 4. Bake in preheated oven for 15 minutes, then reduce heat to 375°F, and bake until the top of the bread is golden brown, about 15 minutes more.





#### • Marie Curie

- Rosa Parks
- Ada Lovelace
- Margaret Thatcher
- Marie Stopes
- Jane Austen
- Amelia Earhart
- Mary Shelley
- Cleopatra
- · Joan of Arc
- Wangari Maathai
- Frida Kahlo
- Hypatia
- Bessie Coleman
- Indira Gandhi
- Clara Barton
- Maryam Mirzakhani
- Junko Tabei
- Wilma Rudolph
- · Sarojini Naidu
- Clara Schumann
- Katia Krafft

### **EXCEPTIONAL WOMEN**







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