

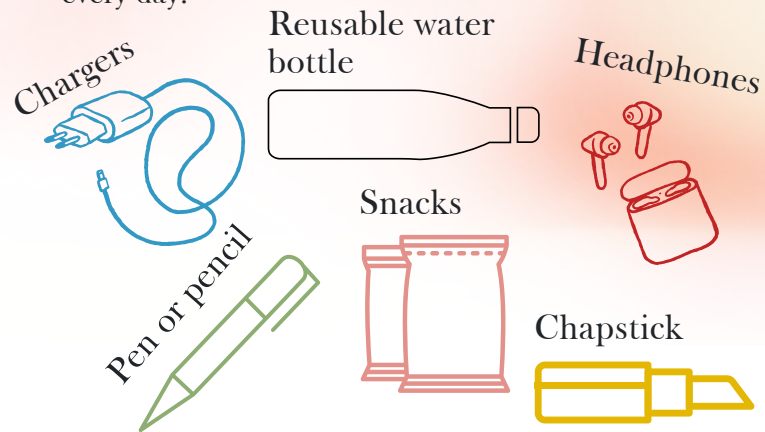


AUGUST

The month of August comes with the warm scent of summer in the air as well as the excited buzz of a new school year starting soon. While there are no major holidays in the month of August, there are still so many things to do and milestones to celebrate. August is the last month of summer, and here in California the weather is perfect to spend time exploring the beautiful nature we have right in our back yards. It is also just about time for school to start up again, a fresh start and an opportunity to learn and grow for those who are returning in the next few weeks.

DON'T FORGET TO PACK

School is about to start and that often means being at class or at least out of the house for long periods of time. We have made an essentials list of things to take with you as you venture out every day.



HIKING IN THE BAY

Now is the perfect time to spend time in nature and explore some of the many recreation areas we have access to in the Bay Area. Below we have listed some of our favorites to visit. From hiking to camping and even some rock climbing, these spaces allow for all types of outdoor appreciation.

- Tilden Regional Park (Berkeley)
- Anthony Chabot Regional Park (Oakland)
- Emeryville Crescent State Marine Reserve (Emeryville)
- Mount Diablo State Park (Concord)
- Angel Island State Park (Tiburon)
- McNea Ranch State Park (Montara)
- San Bruno Mountain State & County Park (Brisbane)



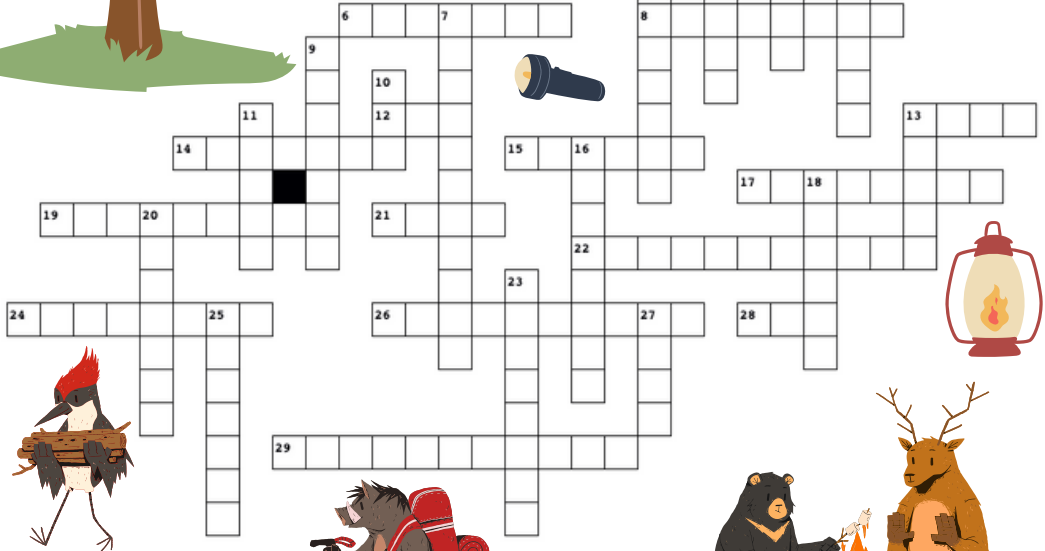


Down

1. Flashlight that attaches to a band around your head
3. Lotion that protects you from the sun
4. Cooking grate used over open fire
5. Used to keep us dry when it rains
7. Large bag used to keep us warm while sleeping, 2 words
9. Activity where you are trying to catch food in a lake
10. Clothing that protects your head
11. Device that uses propane to cook with
13. Used to keep our tents in place
16. Burning wood at the end of the night
18. Shelter for your cooking area
20. Device used to find North
23. Black fuel used to cook with
25. Activity with a bow and arrow
27. Activity where you walk through the woods

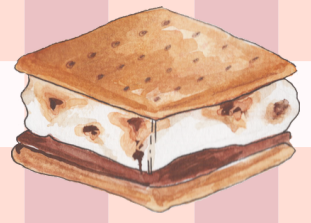
Across

2. Device you blow into if you are lost
6. What we eat with while camping, 2 words
8. Activity where you get into a pool
12. Used to cut large pieces of wood
13. Activity where people act out something at a campfire
14. Small Axe
15. Clothing that keeps you warm
17. Large bag used to carry your gear
19. Cooking pot that can be used to make cobbler, 2 words
21. What keeps us dry while camping
22. Used to cut rope, 2 words
24. Chemical that protects you from bugs, 2 words
26. Helps us see at night
28. Large piece of printed paper that helps us find where we are
29. Special shoes used when walking through the woods, 2 words



Let's have s'more fun!

The weather has been just perfect for camping or even just spending time around a fire pit. With that, often s'mores come out; we are all familiar with the classic graham cracker and chocolate version, but here are some fun ideas to level up your s'more game.



- Thin Mints
- Oreo
- Vanilla Wafer
- Chocolate chip cookie
- Ritz Cracker
- Rice Krispies Treats
- Poptart

- Peanut butter cup
- M&Ms
- Bacon
- Banana
- Nutella
- Carmel Sauce
- Almond Joy



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